

- 5 4) ज़िंदगी हसीन है - Love Your Life  
(Mental Health Awareness)  
(5) जीवन लक्ष्य - Who Am I ?  
(Spiritual Health Awareness)  
(6) हम साथ साथ हैं - Together We Will  
(Social Health Awareness)  
(7) धन ज्ञान - Health of Your Wealth  
(Financial Health Awareness)



#### Awards:

- (1) Limca Book Of Records 2016  
(2) Dewang Mehta Leadership Award 2017  
Best Healthcare NGO Delhi  
(3) Chakrapani Award 2021:  
Contribution to Integrated Healthcare  
(4) IMA SDB Honours 23 Academic & Service to society



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वासुदेव कुटुम्बकम्  
ONE GOD - ONE WORLD - ONE FAMILY  
**SUKHI SANSAR**  
Let's Create



A "HOLISTICALLY" HEALTHY INDIA  
PHYSICAL MENTAL SOCIAL SPIRITUAL FINANCIAL  
**DR SUSHILA SANSAR CHAND ALMAST PUBLIC WELFARE TRUST**  
Reg. No.: 1925/Book No.4 / Volume No. 3747/2011-12/New Delhi  
Registered Under Indian Trust Act 1882 PAN: AABTD5776B

**A Public Charitable Trust**

Registered Under Indian Trusts Act 1882  
Reg No : 1925/ Book No 4 / Volume No 3747/2011-12/  
New Delhi / 11-05-2011  
NGO Darpan: NITI Aayog  
Unique ID : DL/ 2016 / 0103330  
Founded: 11.05.2011



Dr Sushrut Almast  
MBBS, MD  
Founder & Trustee



Aastha Almast  
Trustee



Aatraye Almast  
Project Advisor:

Main Objectives: Promoting:  
Holistically Healthy India

- (1) Preventive Healthcare  
(2) Holistic (Physical || Mental || Social || Spiritual || Financial)  
(3) Integrated (Modern Medicine || AYUSH || Ayurveda || Yoga || Naturopathy || Unani || Siddha || Homeopathy || Traditional || Medical Astrology || Tribal Medicine ||  
(4) Affordable || Accessible || Health 4 All

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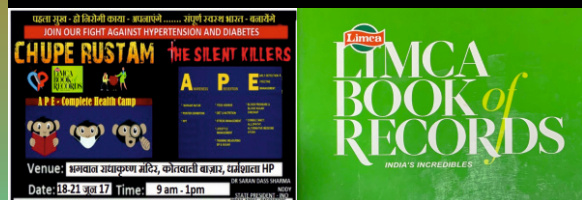
Projects:

(1) Medical II Health Camps

1. Chupe Rustam-The Silent Killers  
Diabetes II Hypertension

Awareness Camps

2. A2Z Medical II Screening Camps



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विश्व सम्पूर्ण स्वास्थ्य दिवस

World Holistic Health Day

17th September II

Celebrating PM Modi Ji's Birthday

Health Awareness Conferences Workshops

Seminar Themes:

WHHD19 : " Holistic Health 360

WHHD21 : " Integrated Healthcare

WHHD22 : " Preventive Healthcare

WHHD23 : "A2Z Health Camp



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बेटी महोत्सव

बेटी है अनमोल रत्न

BETI MAHOTSAV

